SUNDAY

Awareness 10:00AM-11:15AM **Manchester, NH**	(O, RF, WC) Veterans Hospital, Smyth Road 1st Floor Training Room
Yes, A New Freedom 4:00PM-5:00PM **Plymouth, NH**	(O, RF) Congregational Church, 4 Post Office Square Basement
Burning Desire 5:00PM-6:30PM **Pepperell, MA**	(O, BT, SD, WC) Pepperell Christian Fellowship Church, 17 Main Street
Faith in Recovery Group 5:00PM-6:00PM **Laconia, NH**	(O, SD) The Dry Dock, 781 Union Ave.
One Promise 5:30PM-6:30PM **Conway, NH**	(O, St) St. Margaret's Anglican Church, 85 Pleasant Street In Back
The Bridge 5:45PM-7:00PM **Peterborough, NH**	(O, RF) Monadnock Community Hospital, 452 Old Street Road Conference Room 1
Vision of Hope 6:00PM-7:15PM **Manchester, NH**	(O, RF, WC) Grace Episcopal Church, 106 Lowell Street
Another Day Clean 6:30PM-7:45PM **Franklin, NH**	(O, RF, WC) Hope for NH Recovery, 175 Central Street
The Journey Continues 6:30PM-8:00PM **Amesbury, MA**	(O, D, WC, LC) The Union Congregational Church, 350 Main Street
Freedom Thru Unity 7:00PM-8:15PM **Concord, NH**	(O, SD, Tr, WC) Concord Hospital, 250 Pleasant Street 3rd Floor Conference Room C
Trusting The Process 7:00PM-8:15PM **Nashua, NH**	(O, RF, WC) St. Joseph's Hospital, 172 Kinsley Street Basement; Carl Amelio Room
Keep It Real 7:45PM-9:00PM **Dover, NH**	(O, D, RF, WC) Wentworth-Douglass Hospital, 789 Central Avenue Auditorium C

MONDAY

Morning Serenity 9:00AM-10:00AM **Portsmouth, NH**	(O, JT, St, Tr) Safe Harbor Building, 865 Islington Street
Serenity For Lunch 12:00PM-1:00PM **Manchester, NH**	(O, D, IP, WC) Unitarian Universalist Church, 669 Union Street
Above the Notch NA Meeting 7:00PM-8:00PM **Bethlehem, NH**	(O, RF, WC) Bethlehem United Methodist Church, 2057 Main Street Use the back entrance
Berlin Speaker Discussion Meeting of NA 7:00PM-8:30PM **Berlin, New Hampshire**	(O, SD, WC) Berlin Hope Center, 823 Main Street
Leap of Faith 7:00PM-8:15PM **Penacook, NH**	(O, WC, LC) United Church of Penacook, 21 Merrimack Street
Monday Night Group 7:00PM-8:30PM **Manchester, NH**	(O, SD, WC) Unitarian Universalist Church, 669 Union Street
Never Alone, Never Again 7:00PM-8:30PM **Amesbury, MA**	(O, D, RF, WC) Congregational Church, 145 Main Street
Speaking Green & Gold 7:00PM-8:30PM **Laconia, NH**	(O, SD, WC) United Methodist Church, 35 Tower Street
We Need Help 7:00PM-8:15PM **Milford, NH**	(O, BT, IW) Unitarian Universalist Church, 20 Elm Street Side door, upstairs
Carrying The Message 7:30PM-9:00PM **Farmington, NH**	(O, RF, WC) Advent Christian Church, 50 Orange Street

TUESDAY

Stay 'N' Grow Group 7:30AM-8:30AM **Laconia, NH**	(O, JT, WC, ME) Navigating Recovery, 635 Main Street, Suite 303 3rd Floor
Serenity For Lunch 12:00PM-1:00PM **Manchester, NH**	(O, D, WC, LC) Unitarian Universalist Church, 669 Union Street
Granite State Brotherhood Meeting 6:00PM-7:15PM **Manchester, NH**	(O, M, SD) Old Hoitt's Furniture Building, 293 Wilson Street Use Front Entrance
The Journey Continues 6:00PM-7:15PM **Londonderry, NH**	(O, D, WC, LC) Londonderry Christian Church, 372 Mammoth Road
Sisters Back to Basics 6:30PM-7:45PM **Manchester, NH**	(O, RF, W, WC) Bethany Chapel, 54 Newbury Road
All or Nothing Women's Group 7:00PM-8:15PM **Nashua, NH**	(C, O, RF, W) Unitarian Church, 58 Lowell Street Corner of Lowell & Canal Streets; First Floor
Promise of Freedom 7:00PM-8:30PM **Rochester, NH**	(O, BT, D, WC) Tri-City Co-op, 55 Summer Street Use Rear Entrance
Recovery Thru Discovery 7:00PM-8:15PM **Concord, NH**	(O, BT, D) First Congregational Church, 177 North Main Street
Strength in Numbers 7:00PM-8:30PM **Belmont, NH**	(O, RF) Belknap Family Health Center, 14 Mill Street
The Gift of Today 7:00PM-8:00PM **Exeter, NH**	(O, RF, WC) Unitarian Church, 12 Elm Street
Walking Through Fear 7:00PM-8:00PM **Littleton, NH**	(O, D) First United Methodist Church, 18 Main Street In the Parlor, next building up from Laundromat on Pleasant St
White Mountain NA of Lancaster 7:00PM-8:00PM **Lancaster, NH**	(O, D) All Saints Church, 163 Main Street
Dare to Dream Group 7:30PM-9:00PM **Portsmouth, NH**	(O, D, St, WC) United Methodist Church, 129 Miller Avenue
Man Up Group 7:30PM-8:45PM **Nashua, NH**	(O, M, LC) Unitarian Church, 58 Lowell Street Coner of Lowell & Canal Streets, 2nd Floor Youth Room
Roomful of Miracles 7:30PM-8:30PM **Manchester, NH**	(O, RF) Salvation Army, 121 Cedar Street
Presidential Range Group 8:00PM-9:00PM **Plymouth, NH**	(O, So) Congregational Church, 4 Post Office Square Parlor

WEDNESDAY

Clear and Concise 12:00PM-1:00PM **Derry, NH**	(O, RF, WC) Derry Friendship Center, 6 Railroad Ave.
Dawning Group 12:00PM-1:00PM **Manchester, NH**	(O, RF) Old Hoitt's Furniture Building, 293 Wilson Street Use Front Entrance
One Promise 6:30PM-7:30PM **Conway, NH**	(O, St) St. Margaret's Anglican Church, 85 Pleasant Street In Back
North Country NA 12 Step Group 7:00PM-8:30PM **Berlin, NH**	(O, D, St, WC) Berlin Hope Center, 823 Main Street
Turning Point 7:00PM-8:30PM **Laconia, NH**	(O, D, JT) Congregational Church Parish House, 18 Veterans Square

WEDNESDAY (CONT)

What Can We Do 7:00PM-8:15PM **Manchester, NH**	(O, RF) First United Methodist Church, 961 Valley Street Parking across street, handicap park @ church
Closer Than You Think 7:30PM-8:30PM **Bennington, NH**	(O, RF) Congregational Church of Bennington, NH, Intersection of Rte. 31 & 47
Fifth Tradition Group 7:30PM-9:00PM **Hudson, NH**	(O, RF) Hudson Community Church, 19 Central Street
Live Clean Or Die 7:30PM-9:00PM **Sanford, ME**	(O, RF, WC, CW) Unitarian Universalist Church, 5 Lebanon Street Behind Salvation Army
Stairway To Life 7:30PM-8:30PM **Bedford, NH**	(O, St) Bedford Presbyterian Church, 4 Church Road Side Entrance, Level 1
One is Too Many 8:00PM-9:00PM **Portsmouth, NH**	(O, B, JT) Crossroad House, 600 Lafayette Road

THURSDAY

A Thousand's Never Enough 11:00AM-12:00PM **Dover, NH**	(O, JT, WC) Triangle Club, 120 Broadway
Living in the Solution Group 12:00PM-1:00PM **Laconia, NH**	(O, RF, WC) Navigating Recovery, 635 Main Street, Suite 303 3rd Floor
Serenity For Lunch 12:00PM-1:00PM **Manchester, NH**	(O, D, RF, St, Tr, WC, CP) Unitarian Universalist Church, 669 Union Street
Learning to Live 5:30PM-6:50PM **Concord, NH**	(O, RF, WC) South Congregational Church, 27 Pleasant Street Downstairs
Change For The Better 7:00PM-8:30PM **Laconia, New Hampshire**	(O, RF) Calvary Assembly of God, 100 Academy Street Use back entrance
Hope In Recovery Steps and Traditions Group 7:00PM-8:30PM **Amesbury, MA**	(O, IW, St, Tr, WC) United Methodist Church, 146 Main Street
Straight Ahead 7:00PM-8:15PM **Manchester, NH**	(O, SD, WC) Easter Seals, 555 Auburn Street
I Can't, We Can 7:15PM-8:30PM **Alton, NH**	(O, SD) St Katharine Drexel Parish, 140 Hidden Springs Rd
Sick and Getting Better 7:15PM-8:30PM **Manchester, NH**	(O, D, IP) Unitarian Universalist Church, 669 Union Street
Enough is Enough Group 7:30PM-9:00PM **Portsmouth, NH**	(O, D, IP, RF, WC) Saint John's Episcopal Church, 101 Chapel Street Front Entrance
Life's Gifts 7:30PM-8:45PM **Nashua, NH**	(O, WC, LC) Temple Beth Abraham, 4 Raymond Street Rear Door Entrance; No food permitted - only water allowed
One Addict Helping Another 7:30PM-9:00PM **Groton, MA**	(O, RF) The Union Congregational Church, 216 Main Street At the corner of Rt 119 and Willowdale Road
A New Way of Life 7:45PM-9:00PM **Rochester, NH**	(O, B, RF, SD, WC) Tri-City Co-op, 55 Summer Street
The Midnight Message 11:55PM-1:15AM **Manchester, NH**	(O, RF, WC) Unitarian Universalist Church, 669 Union Street

FRIDAY

Serenity For Lunch 12:00PM-1:00PM **Manchester, NH**	(O, D, SD, WC) Unitarian Universalist Church, 669 Union Street

FRIDAY (CONT)

603 Clean & Serene 7:00PM-8:30PM **Laconia, NH**	(O, RF) Congregational Church Parish House, 18 Veterans Square Downstairs
Friday Freedom Group 7:00PM-8:00PM **Manchester, NH**	(O, RF) St. Augustine Church, 189 Spruce Street Rear Entry
Friday Night Group 7:00PM-8:30PM **Littleton, NH**	(O, SD, WC) 1st Congregational Church, 189 Main Street
Hope Ahead Group 7:00PM-8:30PM **Raymond, NH**	(O, SD, WC) Raymond Baptist Church, 145 NH-27
Never Alone 7:00PM-8:30PM **Concord, NH**	(O, RF, WC) Concordia Lutheran Church, 211 North Main Street
Regardless of Age 7:30PM-9:00PM **Derry, NH**	(O, RF, YP) Marion Garrish Community Center, 39 West Broadway
Another Choice 7:45PM-9:00PM **Rochester, NH**	(O, RF, WC) 1st Church Congregational, 63 South Main Street
Just For Today 8:00PM-9:30PM **Amesbury, MA**	(O, SD) Main Street Congregational Church, 145 Main Street
Live Clean or Die Group 8:00PM-9:30PM **Nashua, NH**	(O, SD) Unitarian Universalist Church, 58 Lowell Street At the coner of Lowell & Canal Streets, Upstairs

SATURDAY

Saturday Sanity 8:00AM-9:00AM **Manchester, NH**	(O, RF, WC) YMCA, 30 Mechanic Street Downstairs
On Center 11:00AM-12:30PM **Derry, NH**	(O, SD) Episcopal Church of the Transfiguration, 1 Hood Road
EMANON 6:00PM-7:15PM **Manchester, NH**	(O, SD) Old Hoitt's Furniture Building, 293 Wilson Street Use Front Entrance
Recovery Road 6:30PM-8:00PM **Plaistow, NH**	(O, D, JT, WC) First Baptist Church, 122 Main Street
A New Way of Life 7:00PM-8:30PM **Nashua, NH**	(O, SD) The United Methodist Church, 154 Main Street Rear Entrance off of Temple Street, meets in Basement or on 1st Floor
Basic Text Discussion 7:00PM-8:30PM **Berlin, NH**	(O, BT, D, WC) Berlin Hope Center, 823 Main Street
Clean Choice 7:00PM-8:30PM **Amesbury, MA**	(O, SD, WC) United Methodist Church, 146 Main Street
We All Belong 7:00PM-8:30PM **Laconia, NH**	(O, St, Tr, WC) Unitarian Universalist Church, 172 Pleasant Street
Clean to Grow 7:30PM-9:00PM **Rochester, NH**	(O, D, IW, St, WC) 1st Church Congregational, 63 South Main Street

MEETING FORMAT LEGEND

B	Beginners	BT	Basic Text
C	Closed	CP	Concepts
CW	Children Welcome	D	Discussion
IP	Informational Pamphlet	IW	It Works -How and Why
JT	Just for Today	LC	Living Clean
M	Men	ME	Meditation
O	Open	RF	Rotating Format
SD	Speaker/Discussion	So	Speaker Only
St	Step	Tr	Tradition
W	Women	WC	Wheelchair
YP	Young People		

NEIGHBORING AREA HELPLINES

Seacoast Area in NH	888-624-3578
Champlain Valley in VT	802-862-4516
Green Mountain Area in VT	802-773-5575
Maine Area	800-974-0062
New England Region	866-624-3578
NA World Services	818-773-9999

If you want to use, use the Phone!

PHONE NUMBERS

Unless otherwise noted, all meetings are open to non-addicts and are non-smoking meetings.

Information is subject to change. Call the helpline or visit the website for the latest updates. Area events & activities are also posted there.

Narcotics Anonymous

The Granite State and Seacoast Area Meeting List

Narcotics Anonymous
New Hampshire USA

24 HOUR HELPLINE

1-888-NA-HELP-U
(1-888-624-3578)

www.gsana.org

FEBRUARY 2017

Granite State Area of Narcotics Anonymous
P.O. Box 5171, Manchester, NH 03108
Granite State Area Service Meeting 2nd Sunday of every month, 9:30am, VA Hospital, 1st Floor Training Room, 718 Smyth Road, Manchester, NH

Seacoast Area of Narcotics Anonymous
PO Box 512, Greenland, NH 03840
Seacoast Area Service Meeting 2nd Sunday of every month, 6:00pm, Wentworth-Douglas Hospital, 789 Central Ave., Dover, NH, Auditorium C, Garrison Wing

Meetings Weekly: 82