

SUNDAY

Awareness	(O, RF, WC)
10:00AM-11:15AM	Veterans Hospital, Smyth Road
Manchester, NH	West Waiting Room
Yes, A New Freedom	(O, RF)
4:00PM-5:00PM	Congregational Church, 4 Post Office Square
Plymouth, NH	Basement
Burning Desire	(O, BT, SD, WC)
5:00PM-6:30PM	Pepperell Christian Fellowship Church, 17 Main Street
Pepperell, MA	
Faith in Recovery Group	(O, SD)
5:00PM-6:00PM	The Dry Dock, 781 Union Ave.

Laconia, NH	
One Promise	(O, St)
5:30PM-6:30PM	St. Margaret's Anglican Church, 85 Pleasant Street
Conway, NH	In Back

The Bridge	(O, RF)
5:45PM-7:00PM	Monadnock Community Hospital, 452 Old Street
Peterborough, NH	Road
	Conference Room 1

Vision of Hope	(O, RF, WC)
6:00PM-7:15PM	Grace Episcopal Church, 106 Lowell Street
Manchester, NH	

The Journey Continues	(O, D, WC, LC)
6:30PM-8:00PM	The Union Congregational Church, 350 Main Street
Amesbury, MA	

Freedom Thru Unity	(O, SD, Tr, WC)
7:00PM-8:15PM	Concord Hospital, 250 Pleasant Street
Concord, NH	3rd Floor Conference Room C

Trusting The Process	(O, BT, St, WC)
7:00PM-8:15PM	St. Joseph's Hospital, 172 Kinsley Street
Nashua, NH	Basement; Carl Amelio Room

Keep It Real	(O, D, RF, WC)
7:45PM-9:00PM	Wentworth-Douglass Hospital, 789 Central Avenue
Dover, NH	Auditorium C

MONDAY

Serenity For Lunch	(O, D, IP, WC)
12:00PM-1:00PM	Unitarian Universalist Church, 669 Union Street
Manchester, NH	

Berlin Speaker	(O, SD, WC)
Discussion Meeting of NA	Berlin Hope Center, 823 Main Street
7:00PM-8:30PM	

Berlin, New Hampshire	
Judgement Free Zone	(O, RF, WC)
7:00PM-8:15PM	Atkinson Congregational Church, 101 Main Street
Atkinson, NH	Enter in the rear

Leap of Faith	(O, WC, LC)
7:00PM-8:15PM	United Church of Penacook, 21 Merrimack Street
Penacook, NH	

MONDAY (CONT)

Lost Dreams Awaken	(O, SD, To)
7:00PM-8:15PM	Unitarian Universalist Church, 58 Lowell Street
Nashua, NH	2nd Floor Auditorium

Monday Night Group	(O, SD, WC)
7:00PM-8:30PM	Unitarian Universalist Church, 669 Union Street
Manchester, NH	

Never Alone, Never Again	(O, D, RF, WC)
7:00PM-8:30PM	Main Street Congregational Church, 145 Main Street
Amesbury, MA	

Speaking Green & Gold	(O, SD, WC)
7:00PM-8:30PM	United Methodist Church, 35 Tower Street
Laconia, NH	

Steps to Freedom	(O, St, WC)
7:00PM-8:15PM	Serenity Center, 33 Main Street
Littleton, NH	Conference Room in Rear

We Need Help	(O, BT, IW)
7:00PM-8:15PM	Unitarian Universalist Church, 20 Elm Street
Milford, NH	Side door, upstairs

Carrying The Message	(O, RF, WC)
7:30PM-9:00PM	Advent Christian Church, 50 Orange Street
Farmington, NH	

TUESDAY

New Beginnings	(O, RF)
12:00PM-1:00PM	Depot Outlets Building, 264 Main Street
Lincoln, NH	Enter through Archway, behind bldg to left, follow Bridge Project signs

Recovery Thru Discovery	(O, BT, D)
5:30PM-6:45PM	First Congregational Church, 177 North Main Street
Concord, NH	

Granite State	(O, M, SD)
Brotherhood Meeting	Old Hoitt's Furniture Building, 293 Wilson Street
6:00PM-7:15PM	Use Front Entrance
Manchester, NH	

Sisters Back to Basics	(O, RF, W, WC)
6:00PM-7:15PM	Bethany Chapel, 54 Newbury Road
Manchester, NH	

All or Nothing Women's Group	(C, RF, W)
7:00PM-8:15PM	Unitarian Church, 58 Lowell Street
Nashua, NH	Corner of Lowell & Canal Streets; First Floor

Promise of Freedom	(O, BT, D, WC)
7:00PM-8:30PM	Tri-City Co-op, 55 Summer Street
Rochester, NH	Use Front Entrance

Strength in Numbers	(O, RF)
7:00PM-8:30PM	Belknap Family Health Center, 14 Mill Street
Belmont, NH	

The Gift of Today	(O, RF, WC)
7:00PM-8:00PM	Unitarian Church, 12 Elm Street
Exeter, NH	

Walking Through Fear	(O, D)
7:00PM-8:00PM	First United Methodist Church, 18 Main Street
Littleton, NH	In the Parlor, next building up from Laundromat on Pleasant St

TUESDAY (CONT)

White Mountain NA of Lancaster	(O, D)
7:00PM-8:00PM	All Saints Church, 163 Main Street
Lancaster, NH	

Dare to Dream Group	(O, D, St, WC)
7:30PM-9:00PM	United Methodist Church, 129 Miller Avenue
Portsmouth, NH	

Man Up Group	(O, M, LC)
7:30PM-8:45PM	Unitarian Church, 58 Lowell Street
Nashua, NH	Corner of Lowell & Canal Streets, 1st Floor Dining Room

Roomful of Miracles	(O, RF)
7:30PM-8:30PM	Salvation Army, 121 Cedar Street
Manchester, NH	

Presidential Range Group	(O, So)
8:00PM-9:00PM	Congregational Church, 4 Post Office Square
Plymouth, NH	Parlor

WEDNESDAY

Dawning Group	(O, RF)
12:00PM-1:00PM	Old Hoitt's Furniture Building, 293 Wilson Street
Manchester, NH	Use Front Entrance

Get it Together Group	(O, W)
6:30PM-7:30PM	Familys in Transition Bldg., 177 Lake Ave
Manchester, NH	

Keeping It In The Day	(O, JT, WC)
6:30PM-7:30PM	Seacoast Youth Services Building, 867 Lafayette Road
Seabrook, NH	

One Promise	(O, BT)
6:30PM-7:30PM	St. Margaret's Anglican Church, 85 Pleasant Street
Conway, NH	In Back

North Country NA 12 Step Group	(O, D, St, WC)
7:00PM-8:30PM	Berlin Hope Center, 823 Main Street
Berlin, NH	

Turning Point	(O, D, JT)
7:00PM-8:30PM	Congregational Church Parish House, 18 Veterans Square
Laconia, NH	

What Can We Do	(O, RF)
7:00PM-8:15PM	First United Methodist Church, 961 Valley Street
Manchester, NH	Parking across street, handicap park @ church

Closer Than You Think	(O, RF)
7:30PM-8:30PM	Congregational Church of Bennington, NH, Intersection of Rte. 31 & 47
Bennington, NH	

Fifth Tradition Group	(O, RF)
7:30PM-9:00PM	Hudson Community Church, 19 Central Street
Hudson, NH	

Live Clean Or Die	(O, RF, WC, CW)
7:30PM-8:30PM	Unitarian Universalist Church, 5 Lebanon Street
Sanford, ME	Behind Salvation Army

Stairway To Life	(O, St)
7:30PM-8:30PM	Bedford Presbyterian Church, 4 Church Road
Bedford, NH	Side Entrance, Level 1

WEDNESDAY (CONT)

One is Too Many	(O, B, JT)
8:00PM-9:00PM	Crossroad House, 600 Lafayette Road
Portsmouth, NH	

THURSDAY

Living in the Solution Group	(O, RF, WC)
12:00PM-1:00PM	Navigating Recovery, 635 Main Street, Suite 303 3rd Floor
Laconia, NH	

Serenity For Lunch	(O, D, WC, LC)
12:00PM-1:00PM	Unitarian Universalist Church, 669 Union Street
Manchester, NH	

Learning to Live	(O, RF, WC)
5:30PM-6:50PM	South Congregational Church, 27 Pleasant Street
Concord, NH	Downstairs

Change For The Better	(O, RF)
7:00PM-8:30PM	Calvary Assembly of God, 100 Academy Street
Laconia, New Hampshire	Use back entrance

Hope In Recovery Steps and Traditions Group	(O, IW, St, Tr, WC)
7:00PM-8:30PM	United Methodist Church, 140 Main Street
Amesbury, MA	

One Addict Helping Another	(O, RF)
7:00PM-8:15PM	The Union Congregational Church, 216 Main Street
Groton, MA	At the corner of Rt 119 and Willowdale Road

Straight Ahead	(O, SD, WC)
7:00PM-8:15PM	Easter Seals, 555 Auburn Street
Manchester, NH	

Sick and Getting Better	(O, D, IP)
7:15PM-8:30PM	St Joseph's Cathedral Library, 554 Union Street
Manchester, NH	

Enough is Enough Group	(O, D, IP, RF, WC)
7:30PM-9:00PM	Saint John's Episcopal Church, 101 Chapel Street
Portsmouth, NH	Front Entrance

A New Way of Life	(O, B, RF, SD, WC)
7:45PM-9:00PM	Tri-City Co-op, 55 Summer Street
Rochester, NH	Use Front Entrance

Life's Gifts	(O, IP, WC)
7:45PM-9:00PM	Crossway Christian Church, 33 Pine Street
Nashua, NH	Auditorium

FRIDAY

Serenity For Lunch	(O, D, SD, WC)
12:00PM-1:00PM	Unitarian Universalist Church, 669 Union Street
Manchester, NH	

603 Clean & Serene	(O, RF)
7:00PM-8:30PM	Navigating Recovery, 635 Main Street
Laconia, NH	Suite 303, use 22 Canal St. entrance for this meeting

Friday Freedom Group	(O, RF)
7:00PM-8:00PM	St. Augustine Church, 189 Spruce Street
Manchester, NH	Rear Entry

If you want to use, use the Phone!

PHONE NUMBERS

Series of horizontal lines for phone numbers.

Unless otherwise noted, all meetings are open to non-addicts and are non-smoking meetings. Information is subject to change. Call the helpline or visit the website for the latest updates. Area events & activities are also posted there.

Narcotics Anonymous

The Granite State and Seacoast Area Meeting List



24 HOUR HELPLINE

1-888-NA-HELP-U (1-888-624-3578)

www.gsana.org

May 2018

Granite State Area of Narcotics Anonymous P.O. Box 5171, Manchester, NH 03108 Granite State Area Service Meeting 2nd Sunday of every month, 9:30am, VA Hospital, 1st Floor Training Room, 718 Smyth Road, Manchester, NH

Seacoast Area of Narcotics Anonymous PO Box 512, Greenland, NH 03840 Seacoast Area Service Meeting 2nd Sunday of every month, 6:00pm, Wentworth-Douglas Hospital, 789 Central Ave., Dover, NH, Auditorium C, Garrison Wing

Meetings Weekly: 79

FRIDAY (CONT)

Hope Ahead Group (O, SD, WC) Raymond Baptist Church, 145 NH-27
Living Clean in the Mountains (O, D, WC, LC) Lincoln Recreational Department, 194 Pollard Rd
Regardless of Age (O, RF, YP) Marion Garrish Community Center, 39 West Derry, NH
Live Clean or Die Group (O, SD) Unitarian Universalist Church, 58 Lowell Street
The Candlelight Meeting (O, SD) Main Street Congregational Church, 145 Main Street
The Midnight Message (O, RF, WC) Unitarian Universalist Church, 669 Union Street

SATURDAY

Saturday Sanity (O, RF, WC) YMCA, 30 Mechanic Street
Stay 'N' Grow Group (O, JT, WC, ME) Navigating Recovery, 635 Main Street, Suite 303
A New Way of Life (O, SD) The United Methodist Church, 154 Main Street
Basic Text Discussion (O, BT, D, WC) Berlin Hope Center, 823 Main Street
Clean Choice (O, SD, WC) United Methodist Church, 140 Main Street
We All Belong (O, St, Tr, WC) Unitarian Universalist Church, 172 Pleasant Street

SATURDAY (CONT)

Clean to Grow (O, D, IW, St, WC) 1st Church Congregational, 63 South Main Street
Rochester, NH

MEETING FORMAT LEGEND

Table with 2 columns: Abbreviation and Full Name (e.g., B Beginners, BT Basic Text, etc.)

NEIGHBORING AREA HELPLINES

Table listing helpline numbers for Seacoast Area in NH, Champlain Valley in VT, Green Mountain Area in VT, Maine Area & Eastern Maine Area, New England Region, and NA World Services.