SUNDAY

Freedom From Within Group (C,M,RF,NS)
Men's Meeting 74 Northeastern Blvd
10:30AM-11:45AM Unit 21
Nashua, NH

Just For Today (D,JT,O)
11:00AM-NOON Triangle Club, 120 Broadway
Dover, NH

Lost & Found Group (O,RF,WC,Lit)
6:00PM-7:00PM Faith Bible Community Center, 365 Union St
Littleton, NH

Vision of Hope (O,RF,WC)
6:00PM-7:15PM Hope for NH Recovery Building, 293 Wilson Street
Manchester, NH

Why We Stay (D,O,LC,VM)
6:30PM-7:45PM
Amesbury, MA

Better Side of Court Street (O,WC)
7:00PM-8:00PM 172 Pleasant St
Laconia, NH

Trusting the Process (BT,O,St,WC)
7:00PM-8:15PM Crossways Christian Church Downtown Campus, 33 Pine
Nashua, NH St

Weekend Wind Down (D,O,WC,LC)
7:00PM-8:30PM Triangle Club, 120 Broadway
Dover, NH

White Mountains NA (VM,SD)
7:00PM-8:15PM
Littleton, NH

MONDAY

Just For Today (D,JT,O)
11:00AM-NOON Triangle Club, 120 Broadway
Dover, NH

Above the Notch (D,O,RF)
NOON-1:00PM Whitehorse Recovery, 45 Union Street
Littleton, NH

Serenity For Lunch (D,O,RF,WC)
NOON-1:00PM Hope for NH Recovery Building, 293 Wilson Street
Manchester, NH

Grow With Us (O,RF,WC)
7:00PM-8:00PM St Thomas Episcopal Church, 5 Hale St
Dover, NH

Judgement Free Zone (O,RF,WC)
7:00PM-8:15PM Atkinson Congregational Church, 101 Main Street
Atkinson, NH

Lost Dreams Awaken (O,To,SD)
7:00PM-8:15PM Hudson Community Church, 19 Central Street
Hudson, NH

Monday Night Group (O,SD)
7:00PM-8:15PM Manchester Vineyard Community Church, 750 Pine Street
Manchester, NH

Out of the Dark (O,RF,WC)
7:00PM-8:15PM Congregational Church, 3 Brookline St
Townsend, MA

White Light Group (O,To,WC)
7:00PM-8:00PM Steve's Place, 40 Thorndike St
Concord, NH

TUESDAY

Just For Today (D,JT,O)
11:00AM-NOON Triangle Club, 120 Broadway
Dover, NH

New Beginnings Women's Meeting (O,RF,W,VM)
NOON-1:00PM
Littleton, NH

TUESDAY (CONT)

Serenity At Lunch (O,RF,VM)
NOON-1:00PM
Manchester, NH

Serenity For Lunch (D,O,RF,WC)
NOON-1:00PM Hope for NH Recovery Building, 293 Wilson Street
Manchester, NH

Dopeless Hope Friends (B,O,SD)
7:00PM-8:00PM 68 Route 16b
ossipee, NH

Free To Be Me (O,RF,WC)
7:00PM-8:00PM ARC, 180 Elm Street
Milford, NH Suite E

Living Clean in the Mountains (D,O,LC)
7:00PM-8:00PM North Country Serenity Center, 45 Union Street
Littleton, NH

Man Up Group (M,O,RF,WC)
7:00PM-8:15PM Arlington Street United Methodist Church, 63 Arlington
Nashua, NH Street
Use Haines Street entrance

Promise of Freedom (BT,D,O,WC)
7:00PM-8:30PM Infinity Peer Support, 55 Summer Street
Rochester, NH

She Rises Women's Group (C,RF,W,SG)
7:00PM-8:15PM 58 Lowell St
Nashua, NH

The Gift of Today (O,RF,WC)
7:00PM-8:15PM Congregational Church, 21 Front Street
Exeter, NH

Roomful of Miracles (O,WC,SD)
7:30PM-8:30PM Unitarian Universalist Church, 669 Union Street
Manchester, NH

WEDNESDAY

Just For Today (D,JT,O)
11:00AM-NOON Triangle Club, 120 Broadway
Dover, NH

Above the Notch (D,O,RF)
NOON-1:00PM Whitehorse Recovery, 45 Union Street
Littleton, NH

Ray of Light (C,D,Lit)
NOON-1:00PM Haverhill Recovery Cafe, 222 Washington St
Haverhill, MA

Serenity For Lunch (D,O,RF,WC)
NOON-1:00PM Hope for NH Recovery Building, 293 Wilson Street
Manchester, NH

Keeping it in the Day (D,JT,O)
6:30PM-7:30PM Church of Christ, 867 Lafayette Road
Seabrook, NH In the basement

Awakening Spirituality (St,W,Tr)
7:00PM-8:15PM Hope for NH Recovery Building, 293 Wilson Street
Manchester, NH

Brothers in Recovery (M,O,RF,St,WC,Tr)
7:00PM-8:15PM Hope Center, 293 Wilson St
Macnhester, NH

Closer Than You Think (Hybrid) (O,RF,HY)
7:00PM-8:00PM Bennington Congregational Church, Intersection of Rte.
Bennington, NH 31 & 47

Fifth Tradition Group (O,RF)
7:00PM-8:15PM Hudson Community Church, 19 Central Street
Hudson, NH

Walking Through Fear (D,JT,O,WC)
7:00PM-8:00PM Woodsville Methodist Church, Church Street
Woodsville, NH

WEDNESDAY (CONT)

What Can We Do (O,RF)
7:00PM-8:15PM First United Methodist Church, 961 Valley Street
Manchester, NH Parking across street, handicap park at church.

White Light Group (IW,O,RF,WC,Lit)
7:00PM-8:00PM Steve's Place, 40 Thorndike St
Concord, NH

THURSDAY

Just For Today (D,JT,O)
11:00AM-NOON Triangle Club, 120 Broadway
Dover, NH

Serenity At Lunch (O,RF,VM)
NOON-1:00PM
Manchester, NH

Serenity For Lunch (D,O,RF,WC)
NOON-1:00PM Hope for NH Recovery Building, 293 Wilson Street
Manchester, NH

Learning to Live (O,RF,WC)
6:00PM-7:15PM Wesley United Methodist Church, 79 Clinton St
Concord, NH

Basic Text Group (BT,O,WC,SD)
7:00PM-8:00PM Family Resource Center, 5 Prospect Street
Tilton, NH

Berlin Gorham Beginners (B,BT,O,St)
7:00PM-8:00PM 38 Glen Ave
Berlin, NH

K.I.S.S. (BT,St,YP)
7:00PM-8:15PM Harbor Care Health & Wellness Center, 45 High Street
Nashua, NH

New Way of Life (O,RF,WC)
7:00PM-8:30PM Infinity Peer Support, 55 Summer Street
Rochester, NH

One Addict Helping Another (O,RF,WC)
7:00PM-8:15PM The Union Congregational Church, 218 Main Street
Groton, MA

Out of the Shadows Group (O,WC,CL,Lit)
7:00PM-8:00PM Marion Garrish Community Center, 39 West Broadway
Derry, NH

Recovery Rocks (D,O)
7:00PM-8:00PM 2977 White Mountain Hwy
North Conway, NH

Step into the Solution (D,O,St)
7:00PM-8:15PM Atkinson Congregational Church, 101 Main Street
Atkinson, NH

The Straight Ahead Group (O,RF,WC)
7:00PM-8:15PM Vineyard Community Church, 750 Pine Street
Manchester, NH

FRIDAY

Just For Today (D,JT,O)
11:00AM-NOON Triangle Club, 120 Broadway
Dover, NH

Above the Notch (D,O,RF)
NOON-1:00PM Whitehorse Recovery, 45 Union Street
Littleton, NH

Serenity For Lunch (D,O,RF,WC)
NOON-1:00PM Hope for NH Recovery Building, 293 Wilson Street
Manchester, NH

Alive At Last (D,IW,O,RF,S,WC)
7:00PM-8:00PM 172 Pleasant
Laconia, NH

Dis Again (D,O,Lit)
7:00PM-8:30PM Triangle Club, 120 Broadway
Dover, NH

FRIDAY (CONT)

Friday Freedom Group (O,RF)
7:00PM-8:15PM Hope for NH Recovery Building, 293 Wilson Street
Manchester, NH

Hope Ahead Group (Hybrid) (O,WC,HY,SD)
7:00PM-8:15PM Raymond Baptist Church, 145 NH-27
Raymond, NH

Regardless of Age (O,RF,WC,YP)
7:00PM-8:15PM Marion Garrish Community Center, 39 West Broadway
Derry, NH Located in room 4 on the second floor

White Mountains NA (VM,SD)
7:00PM-8:15PM
Lincoln, NH

Friday Unity (BT,O,WC)
8:00PM-9:00PM Church of the Good Sheperd, 214 Main Street
Nashua, NH

Live Clean or Die Group (O,SD)
8:00PM-9:15PM Unitarian Church, 58 Lowell St
Nashua, NH Entrance front left

SATURDAY

Saturday Sanity (O,RF,VM)
8:00AM-9:00AM
Manchester, NH

Just For Today (D,JT,O)
11:00AM-NOON Triangle Club, 120 Broadway
Dover, NH

On Center (O,SD)
11:00AM-12:15PM Episcopal Church of the Transfiguration, 1 Hood Road
Derry, NH

Portsmouth No Name Group (D,O,WC)
NOON-1:00PM Safe Harbor Building, 115 heritage Ave
Portsmouth, NH

Clean to Grow (BT,D,O,St,WC,Tr)
6:00PM-7:30PM First Church Congregational, 63 S. Main Street
Rochester, NH

EMANON (O,WC,SD)
6:00PM-7:15PM Hope for NH Recovery Building, 293 Wilson Street
Manchester, NH

Recovery Road (JT,WC)
6:30PM-8:00PM First Baptist Church of Plaistow, 122 Main Street
Plaistow, NH

Saturday Daily Inventory (D,O,St)
7:00PM-8:00PM Revive Recovery Center, 263 Main Street
Nashua, NH

MEETING FORMAT LEGEND

B	Beginners	BT	Basic Text
C	Closed	D	Discussion
IW	It Works -How and Why	JT	Just for Today
M	Men	O	Open
RF	Rotating Format	S	Speaker
St	Step	To	Topic
W	Women	WC	Wheelchair
YP	Young People	LC	Living Clean
Tr	Tradition	NS	No Smoking
SG	Step Working Guide	CL	Candlelight
Lit	Literature Study	VM	Virtual Meeting
HY	Hybrid Meeting	SD	Speaker/Discussion

NEIGHBORING NA HELPLINES

Champlain Valley in VT	802-862-4516
Green Mountain Area in VT	802-773-5575
Maine Area & Eastern Maine Area	800-974-0062
New England Region	866-624-3578
NA World Services	818-773-9999
Northern New England Region	833-436-6166

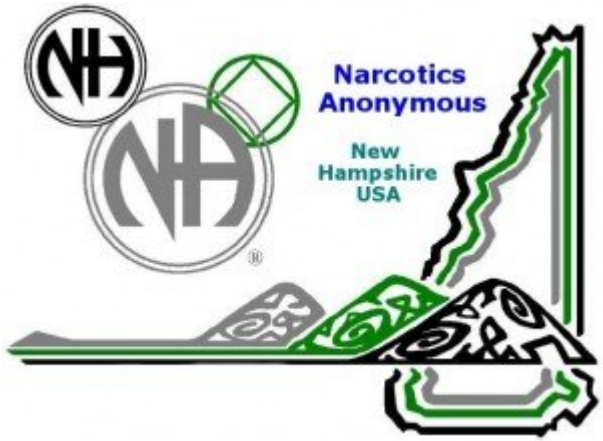
If you want to use, pick up the phone and call someone!

PHONE NUMBERS

Unless otherwise noted, all meetings are open to non-addicts and are non-smoking.
Information is subject to change.

Narcotics Anonymous

The Granite State Area Meeting List



NOVEMBER 2026

24 HOUR HELPLINE

1-888-NA-HELP-U
(1-888-624-3578)
gsana.org

GSA Online Meeting List

Granite State Area of Narcotics Anonymous
P.O. Box 5171, Manchester, NH 03108
Area Service Meeting is 2nd Sunday of every month, 9:30am Currently meeting hybrid
In person at 293 Wilson St, Manchester, NH 03103 (back entrance)

Meetings Weekly: 74