

## SUNDAY

|   |  |
|---|--|
| <b>Freedom From Within Group</b>                | (C,M,RF,NS)  |
| <b>Men's Meeting</b><br>10:30AM-11:45AM         | Revive Recovery Center, 263 Main Street                                  |
| <b>Nashua, NH</b>                               |  |
| <b>Just For Today</b><br>11:00AM-12:00PM        | (D,JT,O)<br>Triangle Club, 120 Broadway                                  |
| <b>Dover, NH</b>                                |  |
| <b>Burning Desire (Hybrid)</b><br>5:00PM-6:15PM | (BT,O,WC,HY,SD)<br>Pepperell Christian Fellowship Church, 17 Main Street |
| <b>Pepperell, MA</b>                            |  |
| <b>NA en Español</b><br>5:00PM-6:00PM           | (ES,RF)<br>Hope for NH Recovery Building, 293 Wilson Street              |
| <b>Manchester, NH</b>                           |  |
| <b>Vision of Hope</b><br>6:00PM-7:15PM          | (O,RF,WC)<br>Hope for NH Recovery Building, 293 Wilson Street            |
| <b>Manchester, NH</b>                           |  |
| <b>Why We Stay</b><br>6:30PM-7:45PM             | (D,O,LC,NS,CW,VM)  |
| <b>Amesbury, MA</b>                             |  |
| <b>Lost &amp; Found Group</b><br>7:00PM-8:00PM  | (O,RF,WC,Lit)<br>First United Methodist Church, 18 Main Street           |
| <b>Littleton, NH</b>                            |  |
| <b>Trusting the Process</b><br>7:00PM-8:15PM    | (BT,O,St,WC)<br>Crossways Christian Church Downtown Campus, 33 Pine St   |
| <b>Nashua, NH</b>                               |  |
| <b>Weekend Wind Down</b><br>7:00PM-8:30PM       | (D,O,WC,LC,HY)<br>Triangle Club, 120 Broadway                            |
| <b>Dover, NH</b>                                |  |
| <b>White Mountains NA</b><br>7:00PM-8:15PM      | (VM,SD)  |
| <b>Lincoln, NH</b>                              |  |
| <b>Therapeutic Value: A Women's</b>             | (O,W,Lit,VM)   |
| <b>Literature Meeting</b><br>8:00PM-9:00PM      |  |
| <b>Manchester, NH</b>                           |  |

## MONDAY

|   |   |
|---|---|
| <b>Just For Today</b><br>11:00AM-12:00PM                      | (D,JT,O)<br>Triangle Club, 120 Broadway                         |
| <b>Dover, NH</b>  |   |
| <b>Above the Notch</b><br>12:00PM-1:00PM                      | (O,RF)<br>North Country Serenity Center, 45 Union Street        |
| <b>Littleton, NH</b>  |   |
| <b>Serenity At Lunch</b><br>12:00PM-1:00PM                    | (O,RF,VM)   |
| <b>Manchester, NH</b>   |   |
| <b>Serenity For Lunch</b><br>12:00PM-1:00PM                   | (D,O,RF,WC)<br>Hope for NH Recovery Building, 293 Wilson Street |
| <b>Manchester, NH</b>   |   |
| <b>Sisters With Hope</b><br>6:30PM-7:30PM                     | (O,St,W,Tr,CW,VM)   |
| <b>Manchester, NH</b>   |   |
| <b>Franklin Freedom Group</b><br>7:00PM-8:15PM                | (O,RF,WC)<br>Unitarian Universalist Church, 206 Central Street  |
| <b>Franklin, NH</b>   | Please use rear door  |
| <b>Granite State Brotherhood Men's Group</b><br>7:00PM-8:15PM | (M,O,RF,WC)<br>Hope for NH Recovery Building, 293 Wilson Street |
| <b>Manchester, NH</b>   |   |
| <b>Judgement Free Zone</b><br>7:00PM-8:15PM                   | (O,RF,WC)<br>Atkinson Congregational Church, 101 Main Street    |
| <b>Atkinson, NH</b>   |   |
| <b>Living Clean in the Mountains</b><br>7:00PM-8:00PM         | (D,O,LC)<br>North Country Serenity Center, 45 Union Street      |
| <b>Littleton, NH</b>  |   |

## MONDAY (CONT)

|   |  |
|---|--|
| <b>Lost Dreams Awaken</b><br>7:00PM-8:15PM          | (O,To,SD)<br>Hudson Community Church, 19 Central Street                          |
| <b>Hudson, NH</b>                                   |  |
| <b>Monday Night Group</b><br>7:00PM-8:15PM          | (O,SD)<br>Manchester Vineyard Community Church, 750 Pine Street                  |
| <b>Manchester, NH</b>                               |  |
| <b>Out of the Dark</b><br>7:00PM-8:00PM             | (O,RF,WC)<br>241 Main Street, Suite 1  |
| <b>Townsend, MA</b>                                 |  |
| <b>The Dog Days Are Over Group</b><br>7:30PM-8:30PM | (O,WC,Lit)<br>Barbara C. Harris Camp and Conference Center, 108 Wally Stone Lane |
| <b>Greenfield, NH</b>                               | In the Gym Conference Room   |

## TUESDAY

|  |  |
|--|--|
| <b>Just For Today</b><br>11:00AM-12:00PM                         | (D,JT,O)<br>Triangle Club, 120 Broadway                                      |
| <b>Dover, NH</b>   |  |
| <b>New Beginnings Women's Meeting (Hybrid)</b><br>12:00PM-1:00PM | (O,RF,W,HY)<br>North Country Serenity Center, 45 Union Street                |
| <b>Littleton, NH</b>   |  |
| <b>Serenity At Lunch</b><br>12:00PM-1:00PM                       | (O,RF,VM)  |
| <b>Manchester, NH</b>  |  |
| <b>Serenity For Lunch</b><br>12:00PM-1:00PM                      | (D,O,RF,WC)<br>Hope for NH Recovery Building, 293 Wilson Street              |
| <b>Manchester, NH</b>  |  |
| <b>All or Nothing Women's Group</b><br>6:30PM-7:30PM             | (C,RF,W,VM)  |
| <b>Nashua, NH</b>  |  |
| <b>Free To Be Me</b><br>7:00PM-8:00PM                            | (O,RF,WC)<br>ARC, 180 Elm Street   |
| <b>Milford, NH</b>   | Suite E  |
| <b>Man Up Group</b><br>7:00PM-8:15PM                             | (M,O,RF,WC)<br>Arlington Street United Methodist Church, 63 Arlington Street |
| <b>Nashua, NH</b>  | Use Haines Street entrance   |
| <b>Promise of Freedom</b><br>7:00PM-8:30PM                       | (BT,D,O,WC)<br>Infinity Peer Support, 55 Summer Street                       |
| <b>Rochester, NH</b>   |  |
| <b>The Gift of Today</b><br>7:00PM-8:00PM                        | (O,RF,WC)<br>Congregational Church, 21 Front Street                          |
| <b>Exeter, NH</b>  |  |
| <b>Roomful of Miracles</b><br>7:30PM-8:30PM                      | (O,WC,SD)<br>Unitarian Universalist Church, 669 Union Street                 |
| <b>Manchester, NH</b>  |  |

## WEDNESDAY

|   |   |
|---|---|
| <b>Just For Today</b><br>11:00AM-12:00PM      | (D,JT,O)<br>Triangle Club, 120 Broadway                         |
| <b>Dover, NH</b>                              |   |
| <b>Above the Notch</b><br>12:00PM-1:00PM      | (O,RF)<br>North Country Serenity Center, 45 Union Street        |
| <b>Littleton, NH</b>                          |   |
| <b>Serenity At Lunch</b><br>12:00PM-1:00PM    | (O,RF,VM)   |
| <b>Manchester, NH</b>                         |   |
| <b>Serenity For Lunch</b><br>12:00PM-1:00PM   | (D,O,RF,WC)<br>Hope for NH Recovery Building, 293 Wilson Street |
| <b>Manchester, NH</b>                         |   |
| <b>Keeping it in the Day</b><br>6:30PM-7:30PM | (D,JT,O)<br>Church of Christ, 867 Lafayette Road                |
| <b>Seabrook, NH</b>                           | In the basement   |

## WEDNESDAY (CONT)

|  |   |
|--|---|
| <b>Fifth Tradition Group</b><br>7:00PM-8:15PM          | (O,RF)<br>Hudson Community Church, 19 Central Street                        |
| <b>Hudson, NH</b>                                      |   |
| <b>Looking Ahead Group</b><br>7:00PM-8:15PM            | (O,RF,WC)<br>Kathy Ireland Recovery Centers, 745 North Main Street          |
| <b>Laconia, NH</b>                                     | Use rear entrance   |
| <b>Walking Through Fear</b><br>7:00PM-8:00PM           | (D,JT,O,WC)<br>Woodsville Methodist Church, Church Street                   |
| <b>Woodsville, NH</b>                                  |   |
| <b>What Can We Do</b><br>7:00PM-8:15PM                 | (O,RF)<br>First United Methodist Church, 961 Valley Street                  |
| <b>Manchester, NH</b>                                  | Parking across street, handicap park at church.                             |
| <b>White Mountains NA</b><br>7:00PM-8:15PM             | (VM,SD)   |
| <b>Lincoln, NH</b>                                     |   |
| <b>Women's Meeting (name TBD)</b><br>7:00PM-8:15PM     | (St,W,Tr)<br>Hope for NH Recovery Building, 293 Wilson Street               |
| <b>Manchester, NH</b>                                  |   |
| <b>Closer Than You Think (Hybrid)</b><br>7:30PM-8:30PM | (O,RF,HY)<br>Bennington Congregational Church, Intersection of Rte. 31 & 47 |
| <b>Bennington, NH</b>                                  |   |

## THURSDAY

|  |  |
|--|--|
| <b>Just For Today</b><br>11:00AM-12:00PM           | (D,JT,O)<br>Triangle Club, 120 Broadway                            |
| <b>Dover, NH</b>                                   |  |
| <b>Serenity At Lunch</b><br>12:00PM-1:00PM         | (O,RF,VM)  |
| <b>Manchester, NH</b>                              |  |
| <b>Serenity For Lunch</b><br>12:00PM-1:00PM        | (D,O,RF,WC)<br>Hope for NH Recovery Building, 293 Wilson Street    |
| <b>Manchester, NH</b>                              |  |
| <b>Learning to Live</b><br>6:00PM-7:15PM           | (O,RF,WC)<br>202 North State Street                                |
| <b>Concord, NH</b>                                 |  |
| <b>Basic Text Group</b><br>7:00PM-8:15PM           | (BT,O,WC,SD)<br>Family Resource Center, 5 Prospect Street          |
| <b>Tilton, NH</b>                                  |  |
| <b>Berlin Gorham Beginners</b><br>7:00PM-8:00PM    | (B,BT,O,St)<br>Community Bible Church, 593 Sullivan Street         |
| <b>Berlin, NH</b>                                  |  |
| <b>K.I.S.S.</b><br>7:00PM-8:15PM                   | (BT,St,YP)<br>Crossways Christian Church, 33 Pine Street           |
| <b>Nashua, NH</b>                                  | Downtown Campus  |
| <b>New Way of Life</b><br>7:00PM-8:30PM            | (O,RF,WC)<br>Infinity Peer Support, 55 Summer Street               |
| <b>Rochester, NH</b>                               |  |
| <b>One Addict Helping Another</b><br>7:00PM-8:15PM | (O,RF)<br>The Union Congregational Church, 218 Main Street         |
| <b>Groton, MA</b>                                  |  |
| <b>Out of the Shadows Group</b><br>7:00PM-8:00PM   | (O,WC,CL,Lit)<br>Marion Garrish Community Center, 39 West Broadway |
| <b>Derry, NH</b>                                   |  |
| <b>Step into the Solution</b><br>7:00PM-8:15PM     | (D,O,St)<br>Atkinson Congregational Church, 101 Main Street        |
| <b>Atkinson, NH</b>                                |  |
| <b>The Straight Ahead Group</b><br>7:00PM-8:15PM   | (O,RF,WC)<br>Vineyard Community Church, 750 Pine Street            |
| <b>Manchester, NH</b>                              |  |
| <b>Yes, A New Freedom</b><br>7:00PM-8:00PM         | (B,O,WC)<br>Ladders, 16 Main Street                                |
| <b>Plymouth, NH</b>                                | Entrance on right side of building                                 |

## FRIDAY

|   |   |
|---|---|
| <b>Just For Today</b><br>11:00AM-12:00PM<br><b>Dover, NH</b>            | (D,JT,O)<br>Triangle Club, 120 Broadway                           |
| <b>Above the Notch</b><br>12:00PM-1:00PM<br><b>Littleton, NH</b>        | (O,RF)<br>North Country Serenity Center, 45 Union Street          |
| <b>Serenity For Lunch</b><br>12:00PM-1:00PM<br><b>Manchester, NH</b>    | (D,O,RF,WC)<br>Hope for NH Recovery Building, 293 Wilson Street   |
| <b>Alive At Last</b><br>7:00PM-8:00PM<br><b>Laconia, NH</b>             | (D,IW,O,RF,S,WC)<br>Navigating Recovery, 102 Court Street         |
| <b>Dis Again</b><br>7:00PM-8:30PM<br><b>Dover, NH</b>                   | (D,O,Lit)<br>Triangle Club, 120 Broadway                          |
| <b>Friday Freedom Group</b><br>7:00PM-8:15PM<br><b>Manchester, NH</b>   | (O,RF)<br>Hope for NH Recovery Building, 293 Wilson Street        |
| <b>Hope Ahead Group (Hybrid)</b><br>7:00PM-8:30PM<br><b>Raymond, NH</b> | (O,WC,HY,SD)<br>Raymond Baptist Church, 145 NH-27                 |
| <b>Regardless of Age</b><br>7:00PM-8:15PM<br><b>Derry, NH</b>           | (O,RF,WC,YP)<br>Marion Garrish Community Center, 39 West Broadway |
| <b>White Mountains NA</b><br>7:00PM-8:15PM<br><b>Lincoln, NH</b>        | (VM,SD)   |
| <b>Friday Unity</b><br>8:00PM-9:00PM<br><b>Nashua, NH</b>               | (BT,O,WC)<br>Church of the Good Sheperd, 214 Main Street          |
| <b>Live Clean or Die Group</b><br>8:00PM-9:15PM<br><b>Nashua, NH</b>    | (O,SD)<br>United Methodist, 154 Main st                           |

## SATURDAY

|  |   |
|--|---|
| <b>Saturday Sanity</b><br>8:00AM-9:00AM<br><b>Manchester, NH</b>           | (O,RF,VM)   |
| <b>Just For Today</b><br>11:00AM-12:00PM<br><b>Dover, NH</b>               | (D,JT,O)<br>Triangle Club, 120 Broadway                             |
| <b>On Center</b><br>11:00AM-12:15PM<br><b>Derry, NH</b>                    | (O,SD)<br>Episcopal Church of the Transfiguration, 1 Hood Road      |
| <b>Portsmouth No Name Group</b><br>12:00PM-1:00PM<br><b>Portsmouth, NH</b> | (D,O,WC)<br>Safe Harbor Building, 865 Islington Street              |
| <b>Practicing in the Solution</b><br>5:00PM-6:15PM<br><b>Concord, NH</b>   | (SG)<br>Steve's Place Recovery Club, 40 Thorndike Street<br>Rear    |
| <b>Clean to Grow</b><br>6:00PM-7:30PM<br><b>Rochester, NH</b>              | (BT,D,O,St,WC,Tr)<br>First Church Congregational, 63 S. Main Street |
| <b>EMANON</b><br>6:00PM-7:15PM<br><b>Manchester, NH</b>                    | (O,WC,SD)<br>Hope for NH Recovery Building, 293 Wilson Street       |
| <b>Into The Light</b><br>7:00PM-8:15PM<br><b>Townsend, MA</b>              | (D,O,WC,SPAD)<br>241 Main Street<br>Suite 1                         |
| <b>Saturday Daily Inventory</b><br>7:00PM-8:00PM<br><b>Nashua, NH</b>      | (D,O,St)<br>Revive Recovery Center, 263 Main Street                 |

## MEETING FORMAT LEGEND

|    |                       |      |                             |
|----|-----------------------|------|-----------------------------|
| B  | Beginners             | BT   | Basic Text                  |
| C  | Closed                | CL   | Candlelight                 |
| CW | Children Welcome      | D    | Discussion                  |
| ES | Espanol               | HY   | Hybrid Meeting              |
| IW | It Works -How and Why | JT   | Just for Today              |
| LC | Living Clean          | Lit  | Literature Study            |
| M  | Men                   | NS   | No Smoking                  |
| O  | Open                  | RF   | Rotating Format             |
| S  | Speaker               | SD   | Speaker/Discussion          |
| SG | Step Working Guide    | SPAD | A Spiritual Principle a Day |
| St | Step                  | To   | Topic                       |
| Tr | Tradition             | VM   | Virtual Meeting             |
| W  | Women                 | WC   | Wheelchair                  |
| YP | Young People          |      |                             |

## NEIGHBORING NA HELPLINES

|                                 |              |
|---------------------------------|--------------|
| Champlain Valley in VT          | 802-862-4516 |
| Green Mountain Area in VT       | 802-773-5575 |
| Maine Area & Eastern Maine Area | 800-974-0062 |
| New England Region              | 866-624-3578 |
| NA World Services               | 818-773-9999 |
| Northern New England Region     | 833-436-6166 |

If you want to use, pick up the phone and call someone!

### PHONE NUMBERS

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Unless otherwise noted, all meetings are open to non-addicts and are non-smoking.  
Information is subject to change.

# Narcotics Anonymous

## The Granite State Area Meeting List



**JULY 2024**

### **24 HOUR HELPLINE**

1-888-NA-HELP-U  
**(1-888-624-3578)**

**[www.gsana.org](http://www.gsana.org)**

### **GSA Online Meeting List**



Granite State Area of Narcotics Anonymous  
P.O. Box 5171, Manchester, NH 03108

Area Service Meeting is 2nd Sunday of every month,  
9:30am Currently meeting hybrid

In person at 245 Maple Street, #5, Manchester, NH 03103

Meetings Weekly: 79